

St.malachys ps JUNE 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
4-6-18	<p>Chicken Curry & Rice or Fish Fingers Peas, Gravy Mashed Potatoes</p> <p>Shortbread biscuit</p>	<p>P1,2,3 PARTY DAY Pizza or roast chicken, Selection salads, gravy, chips or baby boiled potatoes. Yoghurt, fruit,oatmeal biscuit.</p>	<p>Roast pork apple sauce, Gravy stuffing, cabbage, broccoli, roast potatoes Mashed Potatoes Vanilla cookie,yoghurt, fruit.</p>	<p>Pasta bolognaise or steak burger,carrots, gravy , Mashed Potatoes</p> <p>Muffin,yoghurt,fruit</p>	<p>Fish in Crumb or plain roast chicken, Gravy Mixed Vegetables Mashed Potatoes</p> <p>Swiss-roll,yoghurt,fruit</p>
11-6-18	<p>Grilled Bacon, Gravy or Chinese Chicken & Rice with Curry Sauce Turnip, Carrots Mashed Potatoes</p> <p>Chocolate cookie, yoghurt,fruit.</p>	<p>P4,5,6,7, PARTY DAY. Sausages or lasagne salad, gravy, chips, mashed potatoes, yoghurt, fruit, biscuits.</p>	<p>Roast chicken Stuffing, Gravy Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes</p> <p>Artic roll, yoghurt,fruit.</p>	<p>Shepherds pie or Salmon, gravy peas, Sweetcorn, Mashed potatoes Jelly tub</p>	<p>Chicken fricassee+ rice Or chicken nuggets, Baked beans, salad, Gravy, chips ,pasta. Ice-cream tub,fruit, Yoghurt.</p>
18-6-18	<p>Fish in crumbs or pizza, peas, salad, gravy,chips or Mashed Potatoes Frozen mousse,yoghurt,fruit</p>	<p>Roast chicken,stuffing gravy Sweetcorn, Mashed potatoes Oatmeal biscuit,yoghurt,melon</p>	<p>Baked gammon,gravy, Cabbage,mixed vegetables,roast or Mashed potatoes Jelly tub,yoghurt,fruit</p>	<p>Pasta bolognaise or steak burger, gravy,carrots, mashed potatoes. Ice-cream tub,fruit.</p>	<p>Beef Stir-Fry or Grilled Bacon Turnip or Broccoli Gravy, Pasta Mashed Potatoes Shortbread,grapes ,yoghurt.</p>
25-6-18	<p>Braised steak+onions, Pepperoni pizza, Cabbage,baked beans, gravy,mashed potatoes. Vanilla cookie,yoghurt,fruit.</p>	<p>Home made vegetable soup,or Chicken soup, Hot dog,or chicken roll, ,fruit, yoghurt, Ice-cream tub.</p>	<p>Roast turkey, gravy, Mashed or roast potatoes,carrots+ Parsnips, Frozen mousse,fruit, yoghurt.</p>	<p>NO DINNERS</p>	<p>CLOSED.</p>

school food

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www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

