

St. malachys ps February 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
5-2-18	Chicken Curry & Rice with Naan Bread or Fish Fingers Peas, Gravy Mashed Potatoes Shortbread biscuit	Pizza or Pepperoni Pizza or Chicken Pasta Bake Baked Beans or Selection of Salads Chips or baby boiled Frozen mousse Fruit ,melon slice,yoghurt.	Pasta bolognaise with Crusty Bread or Steak Burger Carrots, Gravy Mashed Potatoes Vanilla cookie,yoghurt, Fruit.	Roast Pork with Apple Sauce and Gravy, Stuffing Cabbage or Broccoli Oven Roast Potatoes and Mashed Potatoes	Fish in Crumbs Parsley Sauce or Chicken Crumble, Gravy Mixed Vegetables Mashed Potatoes
12-2-18	Grilled Bacon, Gravy or Chinese Chicken & Rice with Curry Sauce Turnip, Carrots Mashed Potatoes Chocolate cookie, yoghurt,fruit.	Oven Baked Sausages, Gravy or Lasagna & Crusty Bread, Sweetcorn Selection of Salads Chips or mashed potatoes. Oatmeal Oatmeal biscuit,grapes,.	Breadcrumbed fish Stuffing, Gravy Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes Artic roll, yoghurt,fruit.	CLOSED	CLOSED
19-2-18	Fish in crumbs or pizza, peas, salad, gravy,chips or Mashed Potatoes Frozen mousse,yoghurt,fruit	Chicken Crumble, Or plain chicken, gravy Sweetcorn, Mashed potatoes Oatmeal biscuit,yoghurt,melon	Baked gammon,gravy, Cabbage,mixed vegetables,roast or Mashed potatoes Jelly tub,yoghurt,fruit	Pasta bolognaise or steak burger, gravy,carrots, mashed potatoes. Ice-cream tub,fruit.	Beef Stir-Fry or Grilled Bacon Turnip or Broccoli Gravy, Pasta Mashed Potatoes Shortbread,grapes ,yoghurt.
26-2-18	Braised steak+onions, Pepperoni pizza, Cabbage,baked beans, gravy,mashed potatoes. Vanilla cookie,yoghurt,fruit.	Home made vegetable soup,or Chicken soup, Hot dog,or chicken roll, Milk shake. Smoothie,fruit, yoghurt.	Roast turkey, gravy, Mashed or roast potatoes,carrots+ Parsnips, Krispy square,yoghurt, Melon slice.	Chicken curry+rice + Naan bread,or fish fingers. Peas, Gravy, mashed potatoes. Muffin,yoghurt, fruit.	Chicken Lasagna with Crusty Bread or Chicken Wraps , salad, Sweetcorn ,herb diced,or mashed potatoes or pasta Ice-cream tub,yoghurt,fruit.

School food

Try something new today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or special diets please contact the school in the first instance

