

# ST.MALACHYS PS APRIL 2019

# school food

*Try something new today*

[www.schoolfoodni.com](http://www.schoolfoodni.com)

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 1-4-19	Chicken Curry with boiled Rice Fish Fingers Peas, Gravy Mashed Potatoes  Semolina+fruit	Pepperoni Pizza or Chicken Pasta Bake Sweetcorn Selection of Salads Chips or Pasta Apple crumble+custard	Roast pork+apple sauce,gravy,cabbage Broccoli, mashed potatoes or roast potatoes. Shortbread+custard.	Fish in crumbs or Chicken bake,gravy, Mixed vegetables, Mashed potatoe. Artic roll +fruit.	Pasta bolognaise or Steak burger, Carrots,gravy, Mashed potatoes. Frozen mousse +fruit.
<b>Week Two</b> 8-4-19	Grilled Bacon, Gravy or Chinese Chicken & Rice with Curry Sauce Turnip, Carrots Mashed Potatoes Rice pudding +fruit	Oven Baked Sausages, Gravy or Lasagna & Crusty Bread, Sweetcorn Selection of Salads Chips or baby boiled. Apple sponge +custard	Roast Chicken Stuffing, Gravy Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes . Chocolate cake+ Pink custard.	Shepherd's Pie, or Salmon Peas , carrots, gravy, Mashed Potatoes Ice-cream tub+fruit.	Chicken Fricassee & Rice or Chicken Nuggets Baked Beans or Corn Mashed potatoes, gravy. . Jelly tub +fruit.
<b>Week Three</b> 15-4-19	Pasta bolognaise or Steak burger, Carrots, gravy, Mashed potatoes. Frozen mousse+ fruit	Roast chicken +stuffing or Sweet +sour chicken Rice or mashed potatoes Sweetcorn, gravy. Ice-cream tub+fruit	EASTER PARTY DAY	NO DINNERS	NO DINNERS
<b>Week Four</b> 29-4-19	Chicken curry+rice or Fishfingers, Peas, gravy, mashed potatoes. Semolina+fruit	Braised steak+onions Pepperoni pizza, Cabbage, sweetcorn, Gravy, chips or Baby boiled. Artic roll+fruit	Roast turkey, stuffing, Gravy,carrots,sprouts, Roast or mashed Potatoes. Shortbread +custard.	Lasagna or chicken wrap ,gravy, salad, Sweetcorn, herb diced, Mashed potatoes. Frozen mousse +fruit.	Home made chicken or Vegetable soup, Hotdog or cheese or Chicken roll. Ice-cream tub +fruit.