

ST.MALACHYS PS JUNE 2019

school food

Try Something New Today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 3-6-19	<p>Chicken Curry with boiled Rice Fish Fingers Peas, Gravy Mashed Potatoes</p> <p>Semolina+fruit</p>	<p>Pepperoni Pizza or Chicken Pasta Bake Sweetcorn Selection of Salads Chips or Pasta Apple crumble+custard</p>	<p>Roast pork+apple sauce,gravy,cabbage Broccoli, mashed potatoes or roast potatoes. Shortbread+fruit.</p>	<p>Fish in crumbs or Chicken bake,gravy, Mixed vegetables, Mashed potatoe. Chocolate cracknel</p>	<p>Pasta bolognaise or Steak burger, Carrots,gravy, Mashed potatoes. Frozen mousse +fruit.</p>
Week Two 10-6-19	<p>Grilled Bacon, Gravy or Chinese Chicken & Rice with Curry Sauce Turnip, Carrots Mashed Potatoes Rice pudding +fruit</p>	<p>Oven Baked Sausages, Gravy or Lasagna & Crusty Bread, Sweetcorn Selection of Salads Chips or baby boiled. Apple sponge +custard</p>	<p>Roast Chicken Stuffing, Gravy Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes . Ice-cream tub +fruit</p>	<p>Shepherd's Pie, or Salmon Peas , carrots, gravy, Mashed Potatoes</p> <p>Chocolate cake+fruit</p>	<p>Chicken Fricassee & Rice or Chicken Nuggets Baked Beans or Corn Mashed potatoes, gravy.</p> <p>Jelly tub +fruit. FRUIT TASTING DAY P1,2,3,</p>
Week Three 17-6-19	<p>Pasta bolognaise or Steak burger, Gravy, carrots, Mashed potatoes. Custard +fruit</p>	<p>Roast chicken+stuffing, Or sweet+sour chicken, Rice or potatoes, Sweetcorn,gravy, Mashed potatoes Chocolate cake+custard</p>	<p>Baked gammon, Cabbage, mixed veg, Roast or mashed Potatoes,gravy. Ice-cream tub+fruit</p>	<p>Cheese+tomato pizza or fish fingers Chips or baby boiled Peas, baked beans. Artic roll+fruit. P7 LEAVERS DINNER</p>	<p>Home made chicken gougons or Beef stir fry, Mixed vegetables, Mashed potatoes Rice krispie square +fruit.</p>
Week Four 24-6-19	<p>Chicken curry+rice or Fishfingers, peas,gravy, Mashed potatoes. Frozen mousse+ fruit</p>	<p>Braised steak+onions Pepperoni pizza, Cabbage, sweetcorn, Gravy, chips or Baby boiled potatoes Artic roll+ fruit</p>	<p>Roast turkey, stuffing, Carrots, Brussels sprouts, gravy, Roast or mashed potatoes. Shortbread+fruit.</p>	<p>NO DINNERS</p>	<p>NO DINNERS.</p>