

ST.MALACHYS PS MAY 2019

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|---|---|---|---|---|
| Week One 6-5-19 | CLOSED BANK HOLIDAY | Fishfingers or lasagna, gravy,salad, Sweetcorn, Chips or baby boiled , Frozen mousse+fruit | Roast chicken,gravy, carrots+ parsnips Roast or mashed potatoes. Jam cake+custard. | Cottage pie or grilled sausages , mixed vegetables,gravy, Mashed potatoes. Jelly +fruit | Chicken curry+rice or pizza,peas, gravy , Mashed potatoes Ice-cream tub |
| Week Two 13-5-19 | Grilled Bacon, Gravy or brown beef stew, gravy , Carrots Mashed Potatoes Semolina+fruit | Chicken stir fry or chicken nuggets,baked beans, Salad Chips or baby boiled. Apple crumble+ custard | Roast turkey Stuffing, Gravy Broccoli, sweetcorn, Oven Roast Potatoes and Mashed Potatoes Chocolate cake + Custard.. | Lasagna or fish fingers Peas , carrots, gravy, Mashed Potatoes Frozen mousse+fruit, | Peppered chicken or Roast chicken, Gravy, sweetcorn, Rice or mashed potatoes Artic roll +fruit |
| Week Three 20-5-19 | Chicken curry+rice or Salmon or plain chicken, gravy, Carrots mashed Potatoes. Rice pudding +fruit | Spaghetti bolnaise or Pizza, mixed vegetables, Mashed potatoes, gravy Shortbread+custard | Roast pork gravy, , Carrots+parsnip, roast or Mashed Potatoes Jelly tub+fruit | Irish stew or chicken wrap, sweetcorn or Selection of Salads Chips or babypotatoes. Ice-cream tub | SCHOOL CLOSED |
| Week Four 27-5-19 | SCHOOL CLOSED BANK HOLIDAY | Chicken fried rice or Fishfingers,gravy, mixed vegetables, baked beans,mashed potatoes semolina+fruit | Roast beef, gravy, carrots, brussel sprouts Roast or mashed potatoes Rice krispy bun +custard | Lasagna or chicken wrap, Baked Beans, salad,Chips or Mashed Potatoes . Artic roll +fruit | Homemade vegetable soup or chicken soup, Hotdog or chicken roll, Onions. Frozen mousse. |

school food

Try something new today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

