

ST.MALACHYS PS FEBRUARY 2019

school food

Try Something New Today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 4-2-19	<p>Chicken Curry with boiled Rice Fish Fingers Peas, Gravy Mashed Potatoes</p> <p>Semolina+fruit</p>	<p>Pepperoni Pizza or Chicken Pasta Bake Sweetcorn Selection of Salads Chips or Pasta Apple crumble+custard</p>	<p>Roast pork+apple sauce,gravy,cabbage Broccoli, mashed potatoes or roast potatoes. Shortbread+custard.</p>	<p>Fish in crumbs or Chicken bake,gravy, Mixed vegetables, Mashed potatoe. Artic roll +fruit.</p>	<p>Pasta bolognaise or Steak burger, Carrots,gravy, Mashed potatoes. Frozen mousse +fruit.</p>
Week Two 11-2-19	<p>Grilled Bacon, Gravy or Chinese Chicken & Rice with Curry Sauce Turnip, Carrots Mashed Potatoes Rice pudding +fruit</p>	<p>Oven Baked Sausages, Gravy or Lasagna & Crusty Bread, Sweetcorn Selection of Salads Chips or baby boiled. Apple sponge +custard</p>	<p>Roast Chicken Stuffing, Gravy Carrots & Parsnips Oven Roast Potatoes and Mashed Potatoes . Ice-cream tub +fruit</p>	<p>Shepherd's Pie, or Salmon Peas , carrots, gravy, Mashed Potatoes</p> <p>Chocolate cake + Pink custard.</p>	<p>Chicken Fricassee & Rice or Chicken Nuggets Baked Beans or Corn Mashed potatoes, gravy. . Jelly tub +fruit.</p>
Week Three 18-2-19	<p>SCHOOL CLOSED.</p>	<p>SCHOOL CLOSED.</p>	<p>SCHOOL CLOSED.</p>	<p>Cheese+tomato pizza or fish fingers Chips or pasta, Peas, baked beans. Apple crumble+custard.</p>	<p>Home made chicken gougons or Beef stir fry, Mixed vegetables, Mashed potatoes Rice krispie square +fruit.</p>
Week Four 25-2-19	<p>Chicken curry+rice or Fishfingers, peas,gravy, Mashed potatoes. Semolina+ fruit</p>	<p>Braised steak+onions Pepperoni pizza, Cabbage, sweetcorn, Gravy, chips or Baby boiled potatoes Artic roll+ fruit</p>	<p>Roast turkey, stuffing, Carrots, Brussels sprouts, gravy, Roast or mashed potatoes. Shortbread +custard.</p>	<p>Lasagna or chicken wrap, gravy, salad sweetcorn, baby boiled or herb diced. Frozen mousse.</p>	<p>Home made chicken or Vegetable soup. Hotdog or cheese or chicken roll. Ice-cream tub.</p>